

GLUTEN FREE MENU

Zuppa del Giorno

Chef's Soup of the day.

Minestrone

Traditional homemade Italian vegetable and tomato soup.

Funghi Gratinati

Pan fried mushrooms with white wine, garlic butter and a cream cheese sauce.

Cozze Livornese or Bianco

Fresh west coast steamed mussels in a white wine and garlic sauce or a chilli and tomato sauce.

Gamberoni Piccantini

Pan fried king prawn in white wine, cherry tomato sauce, chilli and oregano

Cocktail Di Gamberetti

Freshwater prawns in a Marie-Rose sauce

Asparagus Gratinati

Pan fried asparagus with garlic cream sauce, parmesan cheese topped with a slice of parma ham

Mix salad

Salad, onion, tomato, olive and dressing

Gluten free Pasta

Pasta with veg, tomato, fresh basil and a touch of cream

Pollo Lemone

Sliced chicken breast, lemon, Italian herbs served with veg.

Risotto Pollo e Piselli

Sliced chicken breast with Napoli sauce, cream and peas.

Risotto Filetto (£2.50 supplement)

Rice with sliced fillet steak. garlic and tomato sauce with a touch of cream.

Seabass or Salmon Limone (£2.50 supplement)

Pan fried fillet of seabass or salmon in a white wine, garlic, herb sauce accompanied with a selection of roasted veg.

Pollo Ai Funghi

Pan fried chicken breast with mushrooms, white wine, garlic, fresh basil, cream and tomato sauce.

Gf Pasta Arrabbiata (v)

Pasta in a tomato and fresh chilli sauce